



# Susquehanna Trail Dog Training Club

November/December 2015

## Old Friends by Connie Cuff



I recently came across an article that researched Canine Color perception - It's real. Many times we have seen our dogs when sleeping as if they are dreaming, the question is, "Do they dream in color"?

Research has found that dogs are unable to differentiate among all hues, they by no means see the world as drab or colorless.

Dogs have the ability to distinguish red and blue which are at opposite ends of the color spectrum. They cannot, however, discriminate among hues from greenish-yellow through orange to red. In other words, "If a dog went out to pick strawberries, he would have a hard time telling the berries from the leaves". I have experienced this with Cagney when I through a red ball in the green grass. He almost ran over it without seeing it but then he used his nose to find it.

That brings us to the question of how a dog is handicapped by its lack of full-spectrum vision. The answer is that it isn't. Dogs see in color what they need to survive.

Did you ever think of having a "fire drill" with your dog? Start by teaching your dog a verbal cue such as "outside". That means it's time to immediately exit the house. Say the word and then briskly accompany your dog to the door, open it, and go outside with her. Keep a leash handy by the door, once outside close the door and give some tasty treats.

The next step is to add the sound of the alarm. When the alarm beeps, give the "outside" cue and go with your dog to the exit. Once outdoors reward with treats. If you practice fire drills 2x to 3x a month she will start to run to the door when she hears the alarm instead of hiding under the bed.

These few exercises can keep you busy while we are off for the month of December. Looking forward to getting back with everyone on Dec. 29 after the holidays.

Wishing everyone a Happy Thanksgiving and a Merry Christmas.

Till next time,

*Connie*

## **Minutes (October 6, 2015)**

submitted by Karen Sodrick

### President's Report

Glad to have everyone training back at the Center. Just a reminder to please bring cleanup bags for outside if you dog eliminates there. I have cleaning supplies if there is an accident in the gym. We may use the rest rooms on either side of the stage.

Everyone needs to sign in every week and Gail will be making a sheet for me to turn into the office shortly.

We have a 50/50 drawing each week if you wish to participate. It helps to defray some of the costs of copying and extra expenses we incur.

Our Christmas Party is not that far off. This year it will be held at The Edison Hotel in Sunbury on Dec 6th. Cost is \$17 per person and the club adds to this to make up the total price for everyone. The meal is a buffet and includes stuffed chicken breast, 4 cheese lasagna, twice baked potato, garden vegetables, salad, dessert, coffee and ice tea. Please plan to be there by 5 so we can eat by 5:30. There is a gift exchange for the dogs and a silent auction which does not need to be dog related. We also collect monetary or food donations for Cheryl Hill if anyone wishes to contribute. There will be a signup sheet on the table at class and we ask that you pay by Nov. 24.

We will be walking and riding in both the Sunbury and Norry Halloween parades. If anyone wishes to donate candy for us to use it would be appreciated.

There are always treats for the dogs on the table as a reward for a job well done after class.

Submitted by,  
Karen Sodrick



## Notes and Notices



**Thanks to everyone who participated in the Sunbury Halloween Parade. We could not have done it without the help of Myra (our seamstress) Laurie, Phil & Loye (bamboo artists) and Bonnie & Frank who drove the float. We all had a lot of fun with our Aloha theme and hope to see more participants next year.**

**As I have been mentioning the past couple weeks, we will be away from training Dec. 1, 8, 15, 22. Classes will resume Tues. Dec. 29. All of our scheduled activities for the month will be posted on our web site. It is a good time for everyone to get out and do some visiting with us as many shut-ins need pet therapy over the holidays. If you haven't done visiting before, get in touch with me and I will accompany you on the visit.**

**With the Christmas Party fast approaching, Sunday Dec. 6. Anyone who hasn't signed up needs to do so by Tuesday Nov. 24 with payment of \$17. Please make checks payable to STDTC.**

**Marjean's puppy class is going well and everyone is working hard (including the pups) which makes the class so worthwhile. Hope everyone keeps up with training over the holidays since it is a busy time with a lot of distractions.**

**Beginning in January we will begin membership for 2016. Those who have joined us after Oct. 1 will be covered for 2016. Any dog who receives a Rabies inoculation should give me a copy of the Veterinarian's certificate. That is the only shot record I need.**

## UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

<b>Nov. 4 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Nov. 5 (Thurs)</b>	<b>Emmanuel Geisinger Rehab, Health South</b>	<b>1:00pm 1:45pm</b>
<b>Nov. 6 (Fri)</b>	<b>Fall Program, Bucknell University</b>	<b>3:00pm - 5:00pm</b>
<b>Nov. 9 (Mon)</b>	<b>Elm Croft, Lewisburg</b>	<b>6:30pm</b>
<b>Nov. 11 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Nov. 12 (Thurs)</b>	<b>Shamokin Hospital Life Geisinger Building Bridges Northwestern Academy</b>	<b>12:45pm 1:45pm 2:15pm 2:45pm</b>
<b>Nov. 17 (Tues)</b>	<b>Medium Security, Allenwood (NCIC only)</b>	<b>12:00pm</b>
<b>Nov. 18 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Nov. 19 (Thurs)</b>	<b>Sunbury Community Hospital Mansion Nursing Home Manor Care</b>	<b>1:00pm 2:00pm 2:45pm</b>
<b>Nov. 23 (Mon)</b>	<b>Holy Family Convent Geisinger Rehab, Health South Maria Hall</b>	<b>1:00pm 1:45pm 2:30pm</b>
<b>Nov. 24 (Tues)</b>	<b>Last Day to sign up for the Christmas Party, Payment due</b>	
<b>Nov. 25 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Dec. 1 (Tues)</b>	<b>NO CLASS AT THE SELINGSGROVE CENTER</b>	
<b>Dec. 2 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Dec. 3 (Thurs)</b>	<b>Bloomsburg University Vintage Knolls Geisinger Rehab, Health South</b>	<b>9:00am - 11:00am 1:00pm 2:00pm</b>
<b>Dec. 6 (Sun)</b>	<b>Christmas Party, Hotel Edison</b>	<b>5:00pm</b>

## UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

<b>Dec. 7 (Mon)</b>	<b>Bucknell University</b>	<b>6:00pm - 8:00pm</b>
<b>Dec. 8 (Tues)</b>	<b>NO CLASS AT THE SELINGSGROVE CENTER</b>	
<b>Dec. 9 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
	<b>Heritage Springs</b>	<b>11:15am</b>
<b>Dec. 10 (Thurs)</b>	<b>Shamokin Hospital</b>	<b>12:45pm</b>
	<b>Life Geisinger</b>	<b>1:45pm</b>
	<b>Building Bridges</b>	<b>2:15pm</b>
	<b>Northwestern Academy</b>	<b>2:45pm</b>
<b>Dec. 14 (Mon)</b>	<b>Buffalo Valley, Lewisburg</b>	<b>6:45pm</b>
<b>Dec. 15 (Tues)</b>	<b>NO CLASS AT THE SELINGSGROVE CENTER</b>	
<b>Dec. 16 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
	<b>Heritage Springs</b>	<b>11:15am</b>
<b>Dec. 17 (Thurs)</b>	<b>Sunbury Community Hospital</b>	<b>1:00pm</b>
	<b>Mansion Nursing Home</b>	<b>2:00pm</b>
	<b>Manor Care</b>	<b>2:45pm</b>
<b>Dec. 22 (Tues)</b>	<b>NO CLASS AT THE SELINGSGROVE CENTER</b>	
<b>Dec. 23 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
	<b>Heritage Springs</b>	<b>11:15am</b>
<b>Dec. 25 (Fri)</b>	<b>MERRY CHRISTMAS</b>	
<b>Dec. 29 (Tues)</b>	<b>CLASSES RESUME AT THE SELINGSGROVE CENTER</b>	
<b>Dec. 31 (Thurs)</b>	<b>Holy Family Convent</b>	<b>1:00pm</b>
	<b>Geisinger Rehab, Health South</b>	<b>1:45pm</b>
	<b>Maria Hall</b>	<b>2:30pm</b>

**Newsletter coordinator: Brandon Pastuszek**

**E-mail: [brandon@stdtc.org](mailto:brandon@stdtc.org)**

**Club web site: <http://www.stdtc.org>**

# November 2015

October 2015							November 2015							December 2015							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3		1	2	3	4	5	6	7	1	2	3	4	5			
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	
25	26	27	28	29	30	31	29	30						27	28	29	30	31			

- US Holidays
- Susquehanna Trail Dog Training Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time Ends	2	3 Election Day 6:15 PM Training 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	4 10:00 AM Riverwoods 11:15 AM Heritage Springs	5 1:00 PM Emmanuel 1:45 PM Geisinger Rehab, Health South	6 3:00 PM Fall Program, Bucknell University	7
8 6:30 PM Elm Croft	9	10 6:15 PM Training 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	11 Veterans Day 10:00 AM Riverwoods 11:15 AM Heritage Springs	12 12:45 PM Shamokin Hospital 1:45 PM Life Geisinger 2:15 PM Building Bridges 2:45 PM Northwestern Academy	13	14
15	16	17 12:00 PM Medium Security, Allenwood (NCIC only) 6:15 PM Training 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	18 10:00 AM Riverwoods 11:15 AM Heritage Springs	19 1:00 PM Sunbury Community Hospital 2:00 PM Mansion Nursing Home 2:45 PM Manor Care	20	21
22 1:00 PM Holy Family Convent 1:45 PM Geisinger Rehab, Health South 2:30 PM Maria Hall	23	24 Last Day to sign up... Christmas Party 6:15 PM Training 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	25 10:00 AM Riverwoods 11:15 AM Heritage Springs	26 Thanksgiving	27	28
29	30 CLASSES CANCELED	1	2 10:00 AM Riverwoods 11:15 AM Heritage Springs	3 9:00 AM Bloomsburg University 1:00 PM Vintage Knolls 2:00 PM Geisinger Rehab, Health South	4	5

# December 2015

November 2015							December 2015							January 2016							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7			1	2	3	4	5							1	2
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
29	30						27	28	29	30	31			24	25	26	27	28	29	30	
														31							

- US Holidays
- Susquehanna Trail Dog Training Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 <b>CLASSES CANCELED</b>	2 <ul style="list-style-type: none"> <li>■ 10:00 AM Riverwoods</li> <li>■ 11:15 AM Heritage Springs</li> </ul>	3 <ul style="list-style-type: none"> <li>■ 9:00 AM Bloomsburg University</li> <li>■ 1:00 PM Vintage Knolls</li> <li>■ 2:00 PM Geisinger Rehab, Health South</li> </ul>	4	5
6 <ul style="list-style-type: none"> <li>■ 5:00 PM Christmas Party, Hotel Edison</li> </ul>	7 <ul style="list-style-type: none"> <li>■ 6:00 PM Bucknell University</li> </ul>	8 <b>CLASSES CANCELED</b>	9 <ul style="list-style-type: none"> <li>■ 10:00 AM Riverwoods</li> <li>■ 11:15 AM Heritage Springs</li> </ul>	10 <ul style="list-style-type: none"> <li>■ 12:45 PM Shamokin Hospital</li> <li>■ 1:45 PM Life Geisinger</li> <li>■ 2:15 PM Building Bridges</li> <li>■ 2:45 PM Northwestern Academy</li> </ul>	11	12
13	14 <ul style="list-style-type: none"> <li>■ 6:45 PM Buffalo Valley</li> </ul>	15 <b>CLASSES CANCELED</b>	16 <ul style="list-style-type: none"> <li>■ 10:00 AM Riverwoods</li> <li>■ 11:15 AM Heritage Springs</li> </ul>	17 <ul style="list-style-type: none"> <li>■ 1:00 PM Sunbury Community Hospital</li> <li>■ 2:00 PM Mansion Nursing Home</li> <li>■ 2:45 PM Manor Care</li> </ul>	18	19
20	21	22 <b>CLASSES CANCELED</b>	23 <ul style="list-style-type: none"> <li>■ 10:00 AM Riverwoods</li> <li>■ 11:15 AM Heritage Springs</li> </ul>	24	25 <b>Christmas Day</b>	26
27	28	29 <b>CLASSES RESUME</b> <ul style="list-style-type: none"> <li>■ 6:15 PM Training</li> <li>■ 6:45 PM AKC STAR Puppy Class</li> <li>■ 7:15 PM Beginner Training</li> </ul>	30 <ul style="list-style-type: none"> <li>■ 10:00 AM Riverwoods</li> <li>■ 11:15 AM Heritage Springs</li> </ul>	31 <ul style="list-style-type: none"> <li>■ 1:00 PM Holy Family Convent</li> <li>■ 1:45 PM Geisinger Rehab-Health South</li> <li>■ 2:30 PM Maria Hall</li> </ul>	1 <b>New Year's Day</b>	2